

What's new with us?

Dr. Hutt recently returned from Boston where he attended the national meeting of the American Academy of Esthetic Dentistry. The meeting is an esthetic and restorative update featuring many nationally recognized clinicians. It is a very select organization with only 100 members nationally. He always returns from these meetings with new ideas, new technology, new materials and some new equipment.

For example, Dr. Hutt is committed to using the latest technology to stop the spread of oral cancer through the use of ViziLite® Plus oral exams.

- ViziLite® Plus is a simple technology that assists Hutt Dentistry in the early detection of oral abnormalities including premalignant lesions and oral cancer.
- Quite simply, early detection can save lives. When oral cancer is found early, treatment is 90% successful.
- The ViziLite® Plus exam improves the examiner's ability to identify, evaluate and monitor abnormal areas that are difficult to see under conventional lighting.

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Smile Confidence™

Word of Mouth

A QUARTERLY NEWSLETTER TO THE PATIENTS & FRIENDS OF
DR. STEVEN HUTT, D.D.S., P.A.

That Laser was Amazing!

What really is Laser Dentistry?

Many patients ask us about laser dentistry to get a better understanding of what it really is. People think of laser as anything from Darth Vader's laser sword, to eye doctor's using them for lasik surgery, to laser pointers. There are actually many types of lasers based on the wavelength of the energy they emit. Visible light falls within one spectrum, infrared light another and laser yet another. Only 2% of dentists have lasers in their practices. We use ours everyday for a variety of procedures. It is truly amazing.

What does the acronym laser stand for?

L = Light
A = Amplification
S = Stimulated
E = Emission
R = Radiation



In our office we use a Waterlase. As water runs through the unit it is activated by the laser and the water droplets actually become energized and will cut hard or soft tissue cooled by water. Hard tissue is tooth or bone and soft tissue is skin, lips, gums, tongue, palate and lining of the cheeks.

The laser does not contact the tooth. It is only the water spray which touches the tooth and removes the decay.

Anything on the soft tissue can be removed with the laser with no need for shots. All that is necessary is a topical gel to numb the surfaces.

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Registered Dental Hygienists: Kerry Crane, Ruth Herrera

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Lasers Amazing Benefits

Lasers & Cutting Teeth

- Sterilizes the prep site
- Increases the bond strength of the filling by 50%
- Removes decay
- Removes the smear layer on the tooth which enhances adhesion
- Desensitizes teeth

Lasers & Soft Tissue (no shots)

- Stops painful canker sores & ulcers
- Removes any lesion or growth (biopsy)
- Reduced bleeding during surgery
- Reduced swelling
- Cuts precisely & coagulates (no bleeding)
- Less post-op pain
- Enables immediate impression for soft tissue re-contouring
- Can eliminate need for periodontal surgery by sterilization of the perio pocket
- Remove facial growths - no scarring

When you see it you will believe it.

Tooth Whitening on the Run

Opalescence Treswhite Supreme is portable and easy to use, making it the best whitening option for patients on the go, especially younger patients. Patients can start whitening immediately, because the pre-filled, disposable trays require no impressions, models, or lab time. Whitening anywhere, anytime is easy - at home, at the office, or during the commute. With 10% hydrogen peroxide, Opalescence Treswhite Supreme offers effective, dentist-strength whitening.



On-the-Go
Convenience

Smile Confidence™

The Risk of Periodontal Disease is a Big Deal

Eighty percent of adults have some form of gum disease. Bleeding gums or a pink tinged toothbrush may be the only sign.

From a diagnostic standpoint an early warning sign at Hutt Dentistry is “bleeding on probing.” When we check your periodontal health we measure the “pocket depth” with a probe placed against the teeth. A healthy pocket will not bleed. If even a single sight bleeds on probing, you have an infection in your mouth.

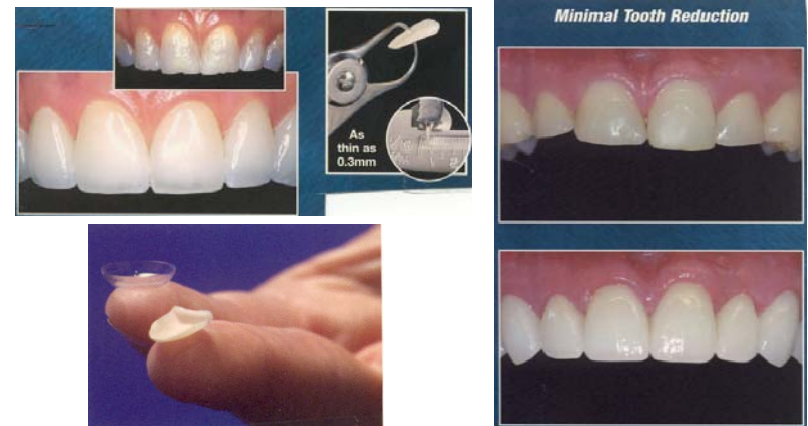
Gum disease is a site specific disease. It doesn't have to be a full blown total mouth case of periodontal disease. It can be isolated just to several teeth.

The association between heart disease and gum disease is stronger than that of heart disease and cholesterol.

Periodontal disease is incurable. Periodontal disease can be transmitted by kissing. Research has shown only 6% of patients floss daily. Don't confuse brushing with interproximal cleaning. You must get between the teeth and under the gums.

Our job is to teach you how to stay healthy. The objective of treatment is to change and reduce the bacterial flora. Homecare (what you do) is 70% of success.

Make the decision to restore your smile



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