

## Did you know...

Dr. Hutt completed his post dental school education at the prestigious L.D. Pankey Institute.

The Pankey Institute provides advanced training that enables dentists to solve complex oral health problems and restore teeth to a natural-looking aesthetic appearance with predictable results. The institutes goals are to educate dentists about how to prevent problems and maintain oral health; help achieve improved health, function and appearance; and provide patients with the opportunity to choose treatment plans that maximize health, comfort and beauty for life.

At the world's oldest and most prestigious learning center for dentists, the Pankey Institute delivers the highest quality postgraduate training to ensure future generations of dentists can provide the highest benefits to patients around the globe. Dr. Hutt continues to attend post-graduate programs on a regular basis.

To learn more go to [www.pankeydentist.org](http://www.pankeydentist.org)

**“With complete dentistry and proper oral hygiene human life can be extended by ten years.”... Dr. Charles Mayo**

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*Smile Confidence™*

# Word of Mouth

A QUARTERLY NEWSLETTER TO THE PATIENTS & FRIENDS OF  
DR. STEVEN HUTT, D.D.S., P.A.

## Make the Decision to Restore Your Smile



This 37-year-old female has been unhappy with her midline gap since high school but her family could not afford to provide orthodontic treatment. It was not until she became an adult that she heard about porcelain veneers on a makeover TV show, but did not want to have any tooth structure removed. After using before and after photos to explain her options, she decided to go with no prep veneers and is thrilled with the results.



This 43-year-old female came in for a consultation regarding her tetracycline stained teeth. She always thought there was nothing she could do for her smile but full crowns, which she felt was too aggressive. A diagnostic wax-up allowed the patient to preview the esthetic objective. Custom veneers were used to mask the tetracycline staining and create a dramatic result.



This 35-year-old male was interested in improving his smile before starting his new job. He complained about the multiple spaces between his teeth and the shade of his lateral incisor. However, the patient was a dental phobic and did not want to have injections or tooth preparations. He was informed that a no-prep approach would work if we could do slight reduction on the rotated tooth adjacent to the 2 front teeth.

**An investment that gives you returns every time you smile.**

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## You Probably Have an Infection in Your Mouth!

80% of adults have some form of periodontal (gum) disease. Like a cold, it may be mild, moderate or severe. Periodontal disease is the number one cause of tooth loss today.

You have probably heard the term “pockets” used in the dental office. It is a measure of bone loss around the tooth. Every tooth is measured in six different spots around its circumference. A probe is placed along the tooth root and slid between the gum and root. The probe should not go into the pocket more than 3 millimeters (mm). There should be no bleeding. If the probe goes in less than 3 mm and there is bleeding you have gingivitis. This is a reversible condition that can be cured with professional cleanings and proper home care, (power tooth brush, floss and water pik with antibacterial solutions).



If the pocket is deeper than 3mm and bleeds you have lost bone around that tooth and you have an infection in your gums. The more pockets you have greater than 3mm the more serious the infection. This bone loss is irreversible but can be controlled and prevented from getting worse.

Periodontal disease is similar in that you must learn to control it daily. The bacteria that cause the infection live in your mouth and must be controlled daily. This is why flossing daily is so important. When these bacteria mix with sugary substrates in your mouth they form a sticky material called plaque. It takes about 24 hours for the plaque to colonize on the tooth surface and become harmful. This is why daily removal of the plaque is so important. You wouldn't fail to take your insulin everyday and you shouldn't miss a day removing the dental plaque from your teeth.

We have a very comprehensive periodontal program in our office which features a non surgical approach to management of the disease. Advanced periodontal disease can be treated with our laser and the use of a locally applied antibiotic placed directly in the pocket.

By the way, that tartar (calculus) you build up on your teeth is a colony of bacterial plaque which you have not adequately cleaned so it hardens on the tooth surface both above and below the gum line. This accretion of bacteria not only causes a physical inflammation to the gums but as chunks of it come off they release bacteria into the bloodstream. This is why some people need to take antibiotics prior to teeth cleaning appointments. Periodontal disease is second only to the common cold in its frequency. Good home care and frequent periodontal maintenance visits (every 3 months) is the key to controlling this serious chronic infection.

For more information visit us at [www.huttdentistry.com](http://www.huttdentistry.com)

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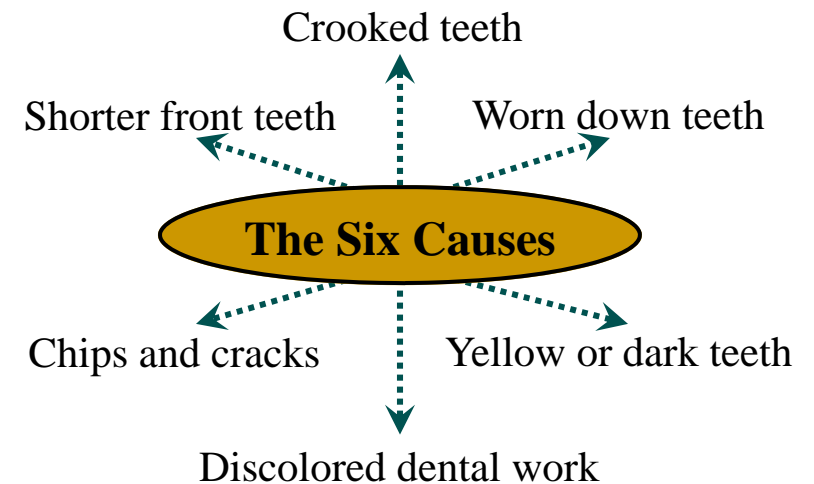
## Oral Cancer is Serious Business

Every year 30,000 Americans will be diagnosed with oral cancer and kills almost 1/2 of them with in five years. Of these people 1/4 are non smokers. As with all forms of cancer early detection is vital to the prevention of this disfiguring and life threatening form of cancer. The recommendation today is for every adult 18 years of age to be screened annually for oral cancer.

We offer Vizilite examination which is currently the only FDA approved test for early detection of oral cancer. The fee for this screening is only \$65.00.

For more information visit us at [www.huttdentistry.com](http://www.huttdentistry.com)

## Is Your Smile Aging You?



## What is a Waterlase Dentist?

Dr. Hutt cares so much about your comfort that he has invested in the ultimate dental laser, the Waterlase. This laser's gentle combination of laser energy and water works without heat, vibration or pressure - the things that make a drill hurt. That means fewer shots, less anesthetic, so you can enjoy a comfortable, no-fear visit to our office.

Some benefits of Waterlase Dentistry are:

- reduces the anxiety and fear of dentistry,
- minimal or no bleeding in most cases,
- less post-operative swelling with successful healing,
- more precise and selective tissue reduction,
- more procedures per visit (less appointments for the patient).

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