

Limited Time Sonicare Promotion


As you know, we are proponents of power toothbrushes and Sonic brushes in particular. The simple fact is they clean much more efficiently than manual brushes, reduce the build-up of plaque and tartar on your teeth and promote healthier gums.

Sonicare believes so strongly in their brush that they have given us a limited supply of Sonic brushes to try for free. They are so convinced you will love their brush that they are willing to give you a brand new one without a charger. If you don't like it just throw it away after the charge runs out (about two weeks). If you do like it, just come in and purchase one (at below retail) and the charger can be used to recharge the give-away brush and you will have 2 power brushes for less than the price of one.

Come in and take advantage of this terrific offer while it is available.

Dentistry is Changing!

THEN
Tooth Drillers
Cavity Fillers



NOW
Smile Enhancers
Youth & LIFE Preservers

"Tomorrow I will be the same person I am today except for the books I read and the people I meet."
.....H.H.

Dr. Steven Hutt, D.D.S. P.A.
Cedar Hill Medical-Dental Center
541 Cedar Hill Avenue
Wyckoff, NJ 07481

PRE-SORT
STANDARD MAIL
U.S. POSTAGE PAID
WYCKOFF, NJ
07481
PERMIT NO. 73

E-mail: huttdentistry@aol.com
Visit us at www.huttdentistry.com

Smile Confidence™

Word of Mouth

A QUARTERLY NEWSLETTER TO THE PATIENTS & FRIENDS OF
DR. STEVEN HUTT, D.D.S., P.A.

~ REQUIRED READING ~ Seeing Oral Cancer Through a New Light

Oral Cancer! You don't hear too much about oral cancer, but one person dies every hour from oral cancer in the United States. Alarmingly, more than 25% of oral cancer victims have no lifestyle risk factors. Any adult over 18 years of age is at risk. People 40 years or older who use tobacco are at high risk (including smokeless tobacco). The highest risk group is over 40 years of age associated with tobacco use and alcohol consumption.

As with any cancer, early detection is the key. Conventional cancer detections have always been via manual and visual exams. Oral cancer death rates have not changed in 40 years. In fact, it has even increased slightly because a visual exam was the only means of detection until now. By the time it becomes obviously visible, it may have progressed to the point of requiring disfiguring surgery and survival rates are low.

Dr. Steven Hutt and his team are proud to be one of the first offices to offer the *Vizilite Plus* early detection system for oral cancer. It helps you see what your eyes alone can not. *Vizilite Plus is the only F.D.A. approved medical device for the identification of oral cancer abnormalities in patients at increased risk for oral cancer.* When oral cancer is found at its earliest state it is 90% curable. *Vizilite Plus* is a chemiluminescent light source that is used following a mouth rinse that allows the dentist to improve the identification of lesions and uses a dye to mark the extent of the lesion. The American Cancer Society recommends that patients have a complete oral soft tissue examination at least once a year. According to the ADA over 25% of oral cancer occurs in people who do not smoke or have other risk factors. Using the *Vizilite Plus* along with standard oral cancer examinations improves the ability to identify suspicious areas at their earliest stages. *Early detection of precancerous tissue can minimize or eliminate the potentially disfiguring effects of oral cancer and possibly save your life.*

Dr. Steven Hutt, D.D.S. P.A.
Cedar Hill Medical-Dental Center
541 Cedar Hill Avenue
Wyckoff, NJ 07481
Phone: 201-444-2383
Fax: 201-444-6454

Business Manager: Michele Jaeger Office Manager: Janet Grissom
Clinical Assistants: Ruth Hutt, C.D.A., R.D.A.; Helena Choinski, C.D.A., R.D.A.;
Pat Shenkler, C.D.A., R.D.A.; Danielle Davis, C.D.A.
Registered Dental Hygienists: Kerry Crane, Ruth Herrera

Smile Confidence™

Seriously, you need to come in every 3 months.

With the growing concerns about periodontal disease and its systemic health links, it has become more evident that most adults need professional help maintaining control of bacteria in the mouth.

You must do it all. Power brush with Sonic vibration, floss, and water pik irrigation with antibacterial agents. Every day. No excuses.

Bleeding gums are not normal and not an acceptable state of health. If your gums bleed you have an infection in your gums. You don't need a cleaning, you need a periodontal visit and that should be performed every 3 months. You may even need an oral antibiotic if your gum pocket is 4mm or greater.

Most people benefit greatly from more frequent maintenance visits.

Lumineers® By Cerinate®

Lumineers are as thin as a contact lens for permanent and painless smile makeovers without painful removal of sensitive tooth structure.

Why live with a smile that doesn't make you look your best? Now you can make over your smile with fast, painless Lumineers by Cerinate. The revolutionary alternative to traditional porcelain veneers - and even braces - Lumineers has revolutionized cosmetic dentistry. Lumineers is contact-lens-thin and is bonded to the front of your teeth - a fast cosmetic solution for stained, chipped, or misaligned teeth. Lumineers by Cerinate is unique because it requires: **No Shots - No Drilling of Sensitive Tooth Structure - No Pain**

Plus, Lumineers is clinically proven to last over 20 years without discoloration, breaking or pop-offs. The greatest advantage, in most cases, is a new smile can be created in only 2 dental visits. Choose Lumineers for your smile makeover today.



Due to the popularity of the Lumineers by Cerinate porcelain veneer system, some dental laboratories may falsely claim to provide Lumineers. Lumineers porcelain restorations can only be fabricated of patented Cerinate porcelain exclusively available at Den-Mat's Cerinate Smile Design Studios in Santa Maria, CA. Neither Cerinate porcelain nor the Lumineers registered trademark is licensed for fabrication by any other dental laboratories.

Smile Confidence™

Do you look 10 years younger or 10 years older?

Just as visibly red and puffy gums, exposed roots, and bone loss that go along with gum disease can add ten years to your age, cosmetic dentistry can help you to look ten years younger ... right away ... non-surgically. Think about it - you could look twenty years younger with a healthy mouth and just a little help from your dentist!

Let's look at the number one esthetic concern among dental patients: discolored teeth. Even if your teeth are severely stained from smoking, coffee, tea or aging, we can safely and effectively lighten them with a whitening agent. You may be tempted by the many dental whitening products now available on store shelves, however the best method of tooth whitening is under a dentist's supervision. After a brief examination, your treatments can begin, and your smile will be clean, bright, and white!



And teeth whitening is just the beginning! A dentist can use many cosmetic strategies to improve your smile. In addition to whitening treatments, just replacing conspicuous, aging silver restorations with white fillings can take away the years. White bonding materials and translucent porcelain veneers not only generate a more youthful appearance, they can re-proportion and even create a straighter smile contour. All without braces!

Ten years younger? Let your healthy natural-looking smile keep them guessing!

Gum Disease May Relate to Heart Attack Risk

Previous studies have found the incidence of heart disease is about twice as high in people with periodontal (gum) disease, but until recently no plausible cause had been suggested. Now studies indicate that the most common strain of bacteria in dental plaque may cause blood clots. When blood clots escape into the bloodstream, there is a relation to increased risk of heart attacks and stroke.

People with periodontal disease (over 1/2 the adult population) have an infection that causes chronic inflammation of the gums. Also, it is a path for these bacteria to enter the bloodstream.

A recent study describes the association between heart disease and gum disease to be at least as strong as the linkage of heart disease to cholesterol, body weight, or smoking.

Smile Confidence™