

What is *Smile Confidence*™?

We help to preserve your smile. A bright, healthy smile can be one of the most precious gifts a person can possess. A smile is more decorative than any garment, more telling than any sign and more inviting than any invitation. A smile enhances a person's potential to reach his or her goals and increases the chances of being accepted by others.

A smile is a barometer of emotion, a calling card, a mirror of inner content and a sign of success and achievement. A smile costs nothing but creates a lot. It enriches those who receive without taking away from those who give. It happens in a flash and yet the memory can last a lifetime.

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Smile Confidence™

Word of Mouth

A QUARTERLY NEWSLETTER TO THE PATIENTS & FRIENDS OF
DR. STEVEN HUTT, DDS

Introducing *Smile Confidence*™

With the ability to take digital images, our *Smile Confidence*™ program allows us to change your smile digitally in order to preview what cosmetic dentistry could do for you. This free service for our patients will give you a “before” and “after” photo of your smile and allows you to evaluate a possible change to your smile before beginning treatment.

Our *Smile Confidence*™ brochure explains the process in more detail. If you ever looked at someone and wished your smile was like theirs, that can now become a reality.

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Smile Confidence™

Smiles Perfected Painlessly

LUMINEERS Porcelain Veneers will painlessly reshape and permanently whiten your smile...simply.

NO SHOTS

NO REMOVAL OF PAINFUL TOOTH STRUCTURE

NO PAIN, NOT EVEN AN ASPIRIN

FOR A PERFECT, NATURAL SMILE

Unlike traditional porcelain veneers, **LUMINEERS** is a painless, permanent cosmetic solution for stained, chipped, discolored or misaligned teeth.

LUMINEERS porcelain veneers combine a bonding system with patented **LUMINEERS** technology, the only system proven to last over 20 years. **LUMINEERS** is made as thin as a contact lens and placed over existing teeth (even unsightly crowns) without removing any painful tooth structure.

Soda Pop Syndrome

It finally has a name!

What is it? Cavities! Cavities! Cavities!

The unfortunate side effect from Americas obsession with soda is the eroding away of tooth structure leading to decay. Read the ingredients. Cola drinks contain phosphoric acid. Non cola (clear) soda contains citric acid.

Both of these acids will dissolve away healthy enamel. When you drink soda regularly, the saliva doesn't have enough time to recover from the acid attack and teeth start to decay and will become sensitive. This is just another reason why we should use fluoride rinses and prescription fluoride toothpastes. We need to neutralize the effects of the acids and allow the teeth a chance to remineralize.

Smile Confidence™

Does My Oral Health Affect My Overall Health?

Yes! When you have gum disease (technically known as periodontal disease or periodontitis), your overall health could suffer as well.

Gum disease is the body's inflammatory response to the bacteria in your mouth. Diabetic complications, cardiovascular disease and preterm and low birth weight babies are all the result of other inflammatory mechanisms in your body. It is thought that if you have sever enough periodontal disease for long enough, it will trigger these other inflammations.

Periodontitis can strike anyone of any age at any time. Visits to your dentist are a must at least twice a year so periodontal disease can be detected and treated before it progresses to a phase where it can affect your general health.

WHAT ARE YOUR NUMBERS?

A periodontal exam consists of using a calibrated probe to measure the attachment of the gums and any potential loss of bone support. Almost 85% of adults have some form of periodontal disease. Gums should not bleed. Bleeding during probing (measuring pocket depth) is not normal.

Bleeding gums signals an infection. There is an inflammatory response taking place. It may be a localized inflammation or it could be the precursor to a more serious inflammation of the arteries, putting you at risk for cardiovascular disease. You should know your numbers.

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